



IAFF PEER SUPPORT TRAINING

Developed and Delivered by Peers

▶ Curriculum includes how to:

- Approach a brother or sister of concern
- Establish trust and confidentiality
- Provide support
- Determine whether a crisis is developing
- Refer the person to available resources
- Educate others about behavioral health (e.g., PTSD and resilience)

▶ The IAFF Peer Support Training is available in two formats:

- **In-person format (\$9,000):** taught by two instructors on two consecutive weekdays and limited to 30 students
- **Virtual format (\$4,600):** taught by three instructors over three consecutive days and limited to 25 students

Both formats are highly interactive and give participants multiple opportunities to practice newly learned skills. Once members attend the IAFF Peer Support Training, they have access to two free advanced peer support trainings:

- Safety Planning Intervention for Suicide Prevention
- Disaster Response Peer Support

For more details, visit www.iaff.org/peer-support/

▶ Who can participate in the training?

Fire service personnel of any rank and position — active or retired — may participate in the training. Members who are already providing peer support are welcome to participate in the IAFF Peer Support Training.

In addition, host sites may choose to invite other relevant community members (e.g., EAP, Workers' Comp, local behavioral health providers and researchers) as a way to expose these non-fire personnel to fire fighter and EMS culture.

▶ How can my IAFF Local or department host the training?

Any local, state or provincial association or IAFF-affiliated department may serve as a host site. All training requests must be approved by the IAFF local president. Typically, classes are scheduled four- six months in advance. To request and schedule a training, complete a Peer Support Training request form found at www.iaff.org/peer-support/#host-atraining.

The host site is responsible for managing registration and coordinating logistics with the IAFF, to include securing a training space and arranging for AV equipment for in-person trainings. Programs costs cover all training materials, instructors fees, and instructor travel/ hotel expenses.

Questions? contact behavioralhealth@iaff.org

▶ If my organization is not ready to host the training, how can I attend the training as an individual?

Sometimes host organizations have available space in their training for outside participants. The IAFF Department of Occupational Health, Safety and Medicine also hosts virtual peer support trainings throughout the year. **Sign up here** to be notified of training opportunities that arise. Individuals who want to participate in the training (1) should obtain approval from their IAFF local president, (2) register for the training, and (3) pay any applicable registration fee.

To learn more about the IAFF Peer Support Training and other behavioral health resources, visit iaff.org/behavioral-health.