How To Extend the Life of Respiratory Protection

CORONAVIRUS OUTBREAK

	Recommended Best Practice	Minimum Acceptable Protection	Last Resort
When Respirator Supplies Are Low	 Use a surgical mask OVER the N95 to extend its use. Replace the surgical mask between patients. Use emergency rule to allow for an air purifying respirator (APR)/powered air purifying respirator (PAPR) canister interchangeability. Use masks beyond their expiration date.* 	 Consider reusing your filtering facepiece respirator (FFR). Store in non-plastic bag between uses. Consider reusing your APR/PAPR canisters — wipe outside down (do not spray) with disinfectant and store in humidity-free environment. DO NOT SPRAY FILTER MEDIA 	 Prioritize protection by exposure risk: > 6' from patient = no mask 3'-6' = surgical mask < 3' = N95 or greater
When Respirator Supplies Are Depleted	 Decontaminate FFPs and reuse (do not share FFPs and APR/PAPR filters between people – maintain FFPs for individuals). Microwave for 2 minutes at 1100-1250W. Place FFP on container containing 50 mL of water to generate steam. Ultraviolet Germicidal Irradiation (UGVI) for 15 minutes on each side using a device fitted with a 40W UV-C bulb. 	 Use surgical face masks with priority given to those meeting ASTM F2100 Level 3 (then Level 2, Level 1, surgical molded utility masks and, finally utility masks). Consider adding reusable and cleanable face shields to minimize direct exposure with droplets. 	 Consider homemade respiratory products using common fabric materials (note that the protection level will be minimal, at best). Requires the use of a reusable and cleanable face shield to minimize interaction with droplets.

* https://www.cdc.gov/coronavirus/2019-ncov/release-stockpiled-N95.htm

** Do not use your normal cooking microwave. Purchase a new one specific for these needs.

For details on each approach, see: https://emergencyresponsetips.com/papers.





