



# International Association of Fire Fighters Peer Fitness Trainer Program Instructor Application

In order to apply to be a Peer Fitness Trainer (PFT) Program Instructor, please complete the form below and email the required materials in one email to [pft@iaff.org](mailto:pft@iaff.org). Incomplete applications will not be accepted.

First Name:

Last Name:

Email:

IAFF Member Number:

IAFF Local Name and Number:

Home Address:

Home or Cell Phone:

Work Phone:

Date and location you attended the IAFF 5-day Peer Fitness Trainer certification course:

Your application must include:

- This completed form
- Proof of attendance at an IAFF/IAFC PFT class after March 2015, and successfully passing the certification exam
- A cover letter explaining your interest in becoming a peer fitness trainer instructor
- A brief (1-page) resume highlighting all relevant experience
- A video of you instructing the *Small Steps* → *Big Change* teach back module and the *Key Features* practical module (i.e. brief demonstration) from the current PFT curriculum to show command of a classroom AND a practical/hands-on session
- Two letters of recommendation which reflect your potential as an instructor:
  - A letter of recommendation from your local president
  - A letter of recommendation from a fire department official

Applicants to become an IAFF Peer Fitness Trainer Instructor must meet the following qualifications:

- Is a fire fighter, EMS personnel or civilian with expertise in health and fitness
- Authorization from the IAFF Local President
- Has teaching/training experience and is able to lecture and facilitate practical sessions from prepared materials

All instructors are appointed by the IAFF General President and work as independent contractors to the IAFF. The IAFF General President retains the right to cancel appointments at any time for any reason. Instructor appointments are reviewed annually and are renewable consistent with IAFF priorities and budget requirements.