

# SELF-SURVIVAL PROCEDURE

**G**auge - - - - - CHECK AIR GAUGE

**R**adio - - - - - RADIO FOR ASSISTANCE

**A**ctivate - - - - - ACTIVATE PASS

**B**reathing - - - - - CONSERVE AIR

**L**ow - - - - - STAY LOW

**I**lluminate - - - - - SHINE FLASHLIGHT

**V**olume (make noise) - - - - - MAKE A LOUD NOISE

**E**xit (find one) - - - - - FIND AN EXIT

**S**hield airway - - - - - PROTECT AIRWAY

