COVID-19 Return to Work Decision Tree

COVID-19 High-Risk Exposure

Symptomatic Regardless of Test Results

Mild-Moderate Symptoms
1. 10 days since first symptoms
2. 72 hours no fever w/no meds
3. All symptoms improved

Severe Symptoms/Immunocompromised
1. 20 days since first symptoms
2. 72 hours no fever w/no meds
3. All symptoms improved

Asymptomatic

Negative Test or Not Tested
14 Days Post Exposure date

Positive Test
10 Days Post Positive Test

Return to Work

Updated: 9/2020
In the event of a low-risk exposure, continue to work and self-monitor for symptoms. If symptoms develop follow the decision tree.

- **High-risk exposure**: Prolonged exposure (15 or more minutes in aggregate or any aerosol generating procedure) to COVID-19 positive person with your eyes, nose or mouth unprotected.
- **Prolonged**: 15 or more minutes in aggregate OR if aerosol generating procedure (any airway procedure; manual ventilation CPR).
- **Mild/moderate symptoms**: fever, chills, cough, shortness of breath, sore throat, muscle ache, headache, nausea/vomiting, diarrhea, loss of smell or taste, nasal congestion, runny nose.
- **Severe symptoms**: Trouble breathing, chest pain or pressure, confusion, bluish lips or face.
- **Acceptable tests**: RT-PCR or antigen tests for SARS-CoV2 (NOT antibody test).
- **Close contacts** include any of the following: COVID testing +, within 6 ft for > 15 min, provided home care, direct physical contact, shared eating utensils, nearby sneeze or cough.
- **Self-monitoring**: Watch for fever (99.9 F/ 37.7 C), other symptoms.
- **Severely immunocompromised** include any of the following: Cancer, bone marrow transplant, solid organ transplant, stem cell treatment, HIV, genetic immune deficiencies.