COVID-19 Best Practices: Social Distancing Guidelines

Reduce the spread of COVID-19 by following these guidelines during non-response work-related activities.

**STATION**
- Perform self-screening both on and off duty.
- Remain 6 feet apart whenever possible, including in bunkrooms.
- Wear department-provided surgical masks (cloth facemask if stockpile of surgical masks is low) to assist with social distancing.
- Minimize physical contact. Avoid hugging and shaking hands.
- Choose designated seating arrangements for the entire shift.
- Assume that decon has not occurred. Clean before use. Clean after use.

**FIRE GROUND and TRAINING**
- On automatic fire alarms at high-risk environments (e.g., care facilities), follow department-specific operational guidelines for turnout gear/SCBA/post-event decon.
- Wear department-provided surgical masks (cloth facemasks if stockpile of surgical masks is low) when in public and riding in apparatus.
- Do not share tools or equipment without gloves.
- Limit audience for debriefings to company officers. Have company officers relay information to the crews.
- During staging and debriefings, remain 6 feet apart.

**FOOD and MEALTIME**
- Do not leave or accept leftovers from shift to shift.
- For tasks such as grocery shopping or ordering takeout, wear department-provided surgical masks (cloth facemasks if stockpile of surgical masks is low), limit to one crew member or remain 6 feet apart when inside establishments.
- Do not prepare meals together; use only one chef.
- Maintain social distancing while eating or eat in shifts if necessary.
- After each meal period, deep clean the kitchen area, including all dishes and kitchenware to be placed in a dishwasher and operated at the hottest setting. Thoroughly clean and disinfect all contact surfaces.

**SHIFT CHANGE**
- Outgoing crew responsible for decon of station should take personal effects to their vehicle prior to shift change.