

# F2T Membership Levels

	Non-certified Member	Wellness Fitness Ambassador	Peer Fitness Trainer	Fitness Performance Specialist
Requirement	None Sign up today!	1 F2T Workshop	F2T 101 Fitness Principles & Practice Virtual or In-Person + 70% or greater on the online exam	PFT Certified + 3 F2T Courses (excluding F2T 110) and 3 F2T Workshops
Initial Costs	Free	\$49.00	\$799.00 online or \$999.00 in-person	Costs variable *See FPS main page for full details
Membership Period	Unlimited	2 years	2 years	2 years
Recertification Requirements	None	0 CECs + 1 F2T Challenge	8 CECs + 1 F2T Challenge	12 CECs + 2 F2T Challenge
Renewal Costs	N/A	\$99 Renewal Fee + \$49 F2T Challenge	\$99 Renewal Fee + CEC costs + \$0 F2T Challenge	\$99 Renewal Fee + CEC costs + \$0 F2T Challenge
Access to graded resource packages	Free resources	Free resources + WFA level resources *See WFA page for details	Free resources + WFA level resources + PFT level resources *See PFT page for details	Free resources + WFA level resources + PFT level resources + FPS level resources *See FPS page for details
Access to personal membership portal	✓	✓	✓	✓
Access to individualized CEC tracker	N/A	✓	✓	✓
Ability to manually upload external CECs	N/A	✓	✓	✓
F2T CECs credited automatically	N/A	✓	✓	✓
Access to downloadable receipts	✓	✓	✓	✓
Ability to download resources	✓	✓	✓	✓
Ability to save favorited resources in portal	✓	✓	✓	✓
Exclusive offers via F2T mailing list	✓	✓	✓	✓